



Stow Bulldog Cross Country Invitational October 8, 2022

Coaches:

Thank you for attend the Stow Bulldog Invitational! Below I have a few important items that I need to share with you about this year's meet and some information that I need you to disseminate to your athletes and parents.

Bus Issues:

We are asking all busses to come in on Stow Road this year. In the past we have had high school busses come in on the Young Road side of the park, but it has caused some issues in the baseball parking lot. So we are asking all buses, no matter the level, to come in on the Stow Road Side, travel around the Dog Park, make drop offs on the far side of the dog park nearest the finish line and then head right back out to Stow Road, make a right, and then another right into the soccer field parking lot.

Spectator Parking:

As always, the bulk of our parking at Silver Springs is on the **Young Road** side of the park. Please inform your parents to enter that side of the park, if at all possible. When lots on the Stow Road side fill, we cannot route spectators to the other side of the park without them going back out on the roads. It is easier if spectators come to the correct side of the park initially. Handicapped parking is located on the **Stow Road** side of the park. No cars will be allowed to park in the soccer field parking lot, as this is designated for busses only.

We will be asking for a \$5 donation at the entrances of both sides of the park. If parents would like to donate, they will receive a program with course maps, meet time schedule, and course records. If they do not donate, they can move on to the parking, but they will not receive a program.

Timing Chips:

The timing chips we use may not look reusable, but they are very reusable. We will collect those at the end of the races. Athletes will turn these into their coach, the coach will put them in the supplied sandwich bag, and return the chips to the back of the finish tent where the packet was picked up. Please encourage athletes **NOT TO TEAR THEM. Tags must be worn on the right side, of the right shoe, hanging free, and NOT tucked into the laces** for the best read on the equipment. We have many backup systems in place, however, if athletes wear chips incorrectly, there is a good chance that results will be slow coming out of the scoring tent.

Any unused chips can also be turned in with the rest of the team tags. Please do not turn unused chips in early. Please turn all chips, both used and unused, in together after all of your races have completed.

Unless an athlete is currently racing, PLEASE KEEP CHIPS AWAY FROM THE FINISH LINE AREA UNTIL TURN IN.

Awards:

Once results are posted, awards can be picked up at the finish line. Please allow about 10 minutes after results are posted for the awards to be organized. They will be in a packet by team. Only coaches can pick them up. Please let your parents and athletes know to not go pick up awards. You can turn in your chips to receive your team and individual awards.

Injuries:

There will be multiple athletic trainers and medical professionals on site to assist with injuries. They are located at Oak Tree Pavilion closest to the finish area.